YOUTH MENTAL HEALTH IN MONTANA

About 2 in 5 grade 8, 10, and 12 students felt depressed or sad on most days.³

34% of grade 8, 10, and 12 students sometimes thought that life is not worth it.³

21% of high school students seriously considered attempting suicide.⁵

17% of high school students planned how they would attempt suicide.⁵

10% of high school students actually attempted suicide.⁵

22.5%

American Indian students on or near a reservation were more likely to report having attempted suicide compared to the general student population.⁵

Sources:
1. HB 186, 68th Leg. (M.T, 2019)
2. HB 187, 68th Leg. (M.T, 2019)
3. 2019 Montana Prevention Needs Assessment, MT DPHHS; grade 8, 10, and 12 students, measure of depression or sadness is for the past year
5. 2017 Youth Risk Behavior Survey, MT OPI; high school students, responses were for the past 12 months.

Produced by Montana KIDS COUNT
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